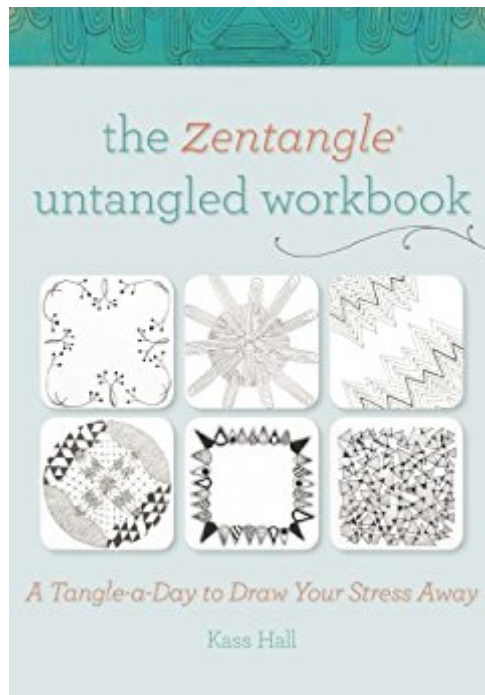


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# The Zentangle Untangled Workbook: A Tangle-a-Day To Draw Your Stress Away



## Synopsis

"Life is short, certainly too short to be concerned too much with rules about drawing." --Kass Hall In Zentangle Untangled, Kass Hall introduced you to the relaxing, innovative art of Zentangle. Now in The Zentangle Untangled Workbook, you'll get enough Zentangle instruction and inspiration to last all year long. Filled with dozens of new tiles and four never-before seen tangles designed especially for this book, you'll be using Zentangle in ways you never dreamed. Create shapes, letterforms, borders, even Zendalas as you master each new tangle, all while reducing stress through the intentional act of creating repetitive patterns. Perfect for artists of all levels, this workbook will immerse you in a daily meditation of Zentangle. Inside you'll find: Seven step-by-step demonstrations to help you get started. Inspiration and guidance on how to use those tangles to create unique and beautiful tiles throughout the year. More than 400 blank or partially started tiles so you can practice all year inside this book and without the fear of the blank page. It's time to tangle!

## Book Information

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## Customer Reviews

I pre-ordered this book with the understanding of all the caveats Kass and Northern Lights had

stated, such as it was for beginners, more experienced tangles may not find it as helpful as other books. These comments did not deter me, but they did help set my expectations. I cannot in all honesty give the book a five star rating (because of some of the issues Kass raises in her video, which are all very valid and answer my niggling concerns) but it is definitely worth the money - especially if you know what you are getting, and don't come to it with expectations of what YOU THINK it should be. Believe me, in many ways, the book went far beyond my expectations. Certainly I do not see it as lasting a whole year, but I relish the idea of exploring each tangle in-depth. By learning to look at a limited number of tangles in a close and careful way, it will inform how I approach other tangles in different circumstances and settings. A good teacher opens your mind to possibilities - if you were in a class, you would not expect the teacher to explore the whole spectrum of possibilities, but you would expect her to focus on certain aspects, ensure you understood them and were able to use them in the wider world of your creative exploration. This is exactly what Kass has done, but in book form. There are reasons for the decisions made about spiral binding etc etc. Kass has addressed these very eloquently in a video you can find on her site. I won't try to summarize them, but I urge you to go to her website and just listen to what she has to say.

I had to order the original book, Zentangle Untangled. Although I own a vast array of art/craft books, rarely do I order a succession of books from the same author. This book is great, but as it references the original book, I feel I \*need\* to add the original book to my collection. I am impressed with this Workbook so I can't wait to see what my experience will be when I have both volumes in my possession. I am not hugely into Zentangle. I've watched the movement unfold and grow over the last few years, but it isn't a technique that's gotten "in my blood". It is an enjoyable technique, a peacefully creative way to end a day, and beautiful results can be had by anyone. The very nature of Zentangling is relaxed and a kind of "whatever happens, happens". I love seeing the pictures (doodles?) people create with all the tangles, and learning about new designs. This is a great book for that. Some are complaining about there only being 7 new tangles, but I like that. It gives the reader something to focus on and become good at. I would rather really know how to work on a tangle and stretch its limits - than have an unlimited supply of tangles I never use...or worse, get confused. This book is laid out to remove the pressure from learning Zentangles, set up in a format that makes it easy to spend as long (or as little) time on it as you like. I also enjoy the explanations and thoughts behind the tangles included - I love knowing how the tangle originated, helpful tips and tricks, and ideas about using the tangle. Kass Hall provides all this information and more. If you are a Zentangle "collector" and know all the tangles around, this book may be slow for you.

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